

Key words: *Interdisciplinarity, regard, life story, reflection, doubt.*

Abstract: The main objective of this article is to point out and analyze pieces of research that have been produced on Interdisciplinarity since the seventies locally and in many foreign countries.

It also focuses on (a) the importance of social and personal aspects, (b) respect for the old knowledge without which nothing new can be built, (c) the ever-present ambiguity when working in an interdisciplinary way, (d) Interdisciplinary research which demands new ways for investigating phenomena, (e) the caring and sharing when dealing with concepts when tutorizing research and (f) a new *regard* on integration that the interdisciplinary movement pursues.